

## *Gain Professional Experience in Washington, D.C.*

### *Andréane Lemay-Mercier*

**Country:** Canada

**University:** Université Laval, Canada

**Semester:** Spring 2015

**Internship Site:** Canadian Embassy

**Program:** International Affairs

“The Washington Center (TWC) has been both challenging and a great learning experience about how to navigate the professional world. For my civic engagement project, I worked with other TWC interns to launch an environmental team at our housing facility known as the RAF. We implemented recycling on every floor, created awareness posters about disposals and even ran an energy contest. Through my civic engagement work, I was able to make a real difference to preserve the environment. For the next generation of TWC interns, I would advise them to take advantage of every opportunity and network with people who might help them advance both personally and professionally. Never hesitate to ask someone to have coffee or to discuss their background.”



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## *Gain Professional Experience in Washington, D.C.*



### *Jalyn Callele*

**Country:** Canada

**University:** University of Calgary

**Semester:** Fall 2015

**Internship Site:** Embassy of Canada

**Professional Track:** International Affairs

“My time spent in Washington, D.C. has undeniably molded me into a new and improved global citizen of the world. My internship at the Embassy of Canada involved me sending daily press clippings to the Ambassador of Canada to the United States, working with Government of Canada foreign service officers, and networking with diplomats from around the world - something I do not have access to back home in Calgary, Alberta. My internship, combined with the LEAD colloquium sessions and professional track programming at The Washington Center, have given me the skills needed to return back home and confidently know which direction I want to go in life. On top of that, living in Washington, D.C. for four months while being surrounded by some of the greatest friends I've ever had is an experience I will never forget.”

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